

BARBERITOS™

ALLERGEN GUIDE

	WHEAT	SOY	MILK	EGGS	FISH	PEANUTS	TREE NUTS	MSG
Spinach Tortilla	X	*X						
Flour Tortilla	X	*X						
Chipote Tortilla	X	*X						
Wheat Tortilla	X	*X						
Corn Tortilla- 6in.								
Flour Tortilla- 6 in	X	*X						
Flour Tortilla 10 in	X	*X						
Wheat tortilla 10 in	X	*X						
Hard Shell Taco		*X						
Salad Shell	X	*X						
Steak								
Chicken								
Tofu		X						
Ground Beef								
Fish					X			
Rice								
Black Beans								
Pinto Beans								
Cheese			X					
Salsa								
Guacamole								
Sour Cream			X					
Iceberg Lettuce								
Romaine Lettuce								
Spinach, raw								
Olives								
Jalapeno, pickled								
Cucumbers								
Mushrooms, raw								
Onions								
Green Pepper								
Jalapeno, raw								
Heavy D Salsa								
Tomatillo Sauce								
Chipotle Hot Sauce								
SW Vinaigrette								
Chipotle Ranch			X					
Tortilla Chips		*X						
Cheese Dip			X					
Churros	X	*X		X				
Chocolate Chip Cookie	X	X	X	X				
Macadamia Nut Cookie		X	X	X			X	
Oatmeal Cookie	X	X	X	X				

* Indicates that the item contains soybean oil and/or is fried in soybean oil, which studies have shown is safe to consume by most individuals with soy allergies. The cookies are processed in a plant that contains peanuts and tree nuts.